



Don't forget
to eat your
vegetables

St. Paul Muskego

Lunch

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily
on the Fruit and Vegetable Bar

March

2019

MONDAY

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

TUESDAY

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

WEDNESDAY

THURSDAY

FRIDAY

Cheeseburger on a Bun ⁴

Romaine, Cherry Tomatoes, Cauliflower, Fresh Apple, Diced Peaches

Pasta w/Meat Sauce & Garlic Bread ⁵

Romaine, Baby Carrots, Peas, Cubed Cantaloupe, Apple Slices

Ash Wednesday ⁶
Cheese Nachos w/Lettuce, Salsa

HOT Refried Beans
Romaine, Cucumber Slices, Green/Red Pepper Mix, Banana, Juice Cups

Sloppy Joe on a Bun ⁷

Hot Wedged Potatoes
WG Rice Krispie Treat
Romaine, Radishes, Celery Sticks, Fresh Apples, Diced Pears

No Lunch ¹

Cheesy Italian Flatbread ⁸

A variety of fruits and vegetables are offered daily on our FV Bar

Roast Beef and Cheddar Sub
Hot French Fries ¹¹

Romaine, Baby Carrots, Peas, Apples, Chilled Mixed Fruit

Pizza Casserole ¹²

Romaine, Cucumber, Cherry Tomatoes, Pineapple Tidbits, Diced Pears

Beef Nachos w/Melted Cheese ¹³

Refried Beans
Salsa
Romaine, Broccoli, Zucchini, Bananas, Applesauce

Diced Chicken w/Gravy over Mashed Potatoes and Dinner Roll ¹⁴

Romaine, Green & Red Pepper Mix, Celery Sticks, Fresh Pears, Peaches

Homemade Cheese Pizza ¹⁵

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Popcorn Chicken w/Honey Mustard and Dinner Roll
Hot Tater Tots ¹⁸

Romaine, Cherry Tomatoes, Cauliflower
Fresh Apple, Pineapple Tidbits

All Beef Hot Dog on a Bun ¹⁹

Romaine, Baby Carrots, Peas, Fresh Pears, Diced Peaches

Baked Potato w/Taco Meat/Cheese ²⁰

HOT Baked Beans
Romaine, Cucumber Slices, Green & Red Peppers, Fresh Banana, Diced Pears

Swedish Meatballs over Buttered Egg Noodles and Dinner Roll ²¹

Romaine, Sliced Radishes, Celery Sticks, Oranges, Pineapple Tidbits

Homemade Cheese Pizza ²²

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Grilled Cheese w/Tomato Soup ²⁵

Peanut Free Cookie
Romaine, Baby Carrots, Peas, Fresh Apple, Diced Peaches

Max Sticks w/Marinara or ²⁶

Romaine, Cucumber Slices, Cherry Tomatoes, Fresh Orange, Apple Slices

Chicken Fajitas w/ Flour Tortillas and Salsa ²⁷

HOT Black Beans
Romaine, Fresh Broccoli, Julienne Zucchini, Fresh Banana, Juice Cups

Salisbury Steak w/Gravy w/Dinner Roll ²⁸

Hot Mashed Potatoes
Romaine, Green & Red Peppers, Celery Sticks
Fresh Grapes, Diced Pears

Cheesy Italian Flatbread ²⁹

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Prices

Lunch	\$3.40
Extra Entree	\$1.75
Reduced Lunch	\$1.75
Milk	\$.40

Contacts

If you have questions or comments, please call Chef Brian at 414-442-5854.

Got Milk?

